

*** PHONIC FAMILY YOGA Beginners Bundle***

👤🧠 Is an Online Course for kids and parents to start practicing yoga at home

👤🕒 Just 5-minutes a day to gain self calming skills for your child

👤🧠 What's special about this course is I teach literacy skills, story telling, science and maths using yoga

👤🧠 Creativity, Coordination, Connection & Core learning skills

There is a one-off payment of \$44.

To enrol or ask questions email me at

phonicfamilyyoga@gmail.com

