

St Bernadette's Catholic Primary School

OCTOBER 2019 Newsletter



Principal's Message - Mrs Joanne Webster

IMPORTANT DATES

Tuesday 8th & Wednesday 9th October

6.00pm Experience Music Recitals

Thursday 10th October

Yr 1/2 & 3/4 Cultural Infusion
Incursion

Friday 11th October

Prep & Yr 1 Swimming Begins
12.15pm Whole School Rosary

Monday 14th October

Retreat Day for First Reconciliation
7pm Family Sacrament Night for
First Reconciliation

Thursday 17th October

3pm Principal's Bookclub

Monday 21st October

Yr 4 -6 Scientist Suzie Lavoie

Friday 25th October

2pm Parents in P/ship Meeting

Monday 28th October

7pm First Reconciliation

Monday 28th Oct—Friday 1st Nov

Learning Conversations

Wednesday 30th October

Italian Day

School Closure Days

Monday 4th Nov—Report Writing
Tuesday 5th Nov—Public Holiday
Friday 13th December—
PL: 2020 Planning Day

Dear Families,

Welcome to Term 4. I hope that you and your families enjoyed the break, spending time together resting and relaxing. This term leads up to Christmas and although it has eleven weeks, it often flies by with the many learning experiences and events planned to finalise the year.

This term we have:

- ◆ Year 3 Reconciliation Family Night, Workshop and reception of the Sacrament
- ◆ Interschool Sports for our Years 5 & 6
- ◆ Prep and Year 1 Swimming Program
- ◆ Year 1 and 2 Camp
- ◆ Peer Mediation
- ◆ Numerous incursions and excursions for all levels
- ◆ 2019 Prep Transition: including our Pre Prep visits, which will this year include the
- ◆ Family Conversation and Orientation Day
- ◆ Orientation Day for all student in Prep to Year 6 for 2019
- ◆ Year 6 transition events to secondary school
- ◆ School Production
- ◆ Year 6 Graduation Mass
- ◆ Mass for the End of School Year

As mentioned in the September Newsletter, both Amanda Browne, Religious Education Leader and myself were part of the Western Principals' Network Pilgrimage to Israel. We spent 25 days immersed in the culture, the religions, the food, the politics and the landscape of the people Jesus was born to and lived in. The experience was both transformational and spiritual. As we explored the holy land and the sacred sites, God's gift from the Holy Spirit of "Wonder and Awe" was evident in the ordinary as well as the extraordinary sites, images, churches, people and land. The connection between the many stories of the bible, both the Old and New Testament scripture, as a learner, as a teacher, and as a practicing Catholic was brought to life and deepened through these many experiences. I look forward to sharing this journey of faith and spiritual awakening with you all, as faith leader of the school.

Prayer

The Rosary is an important devotion that honours Mary while focusing on the events in the life of Jesus Christ. As October is the month of the Rosary, this month's prayer will be the Hail Mary, one of the more prominent prayers of the Rosary. For families wishing to pray the Rosary you may find how to do this on the following website:

<https://www.cam.org.au/Catholic-Faith/Prayers/How-do-I-Pray-The-Rosary>

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

This Friday 11th October, the whole school will pray the Rosary in the Church at 12.15. All families are welcome.

Staff News

The following staff will be on Long Service Leave in the month of October: Mrs. Leonie McCarthy, and Ms Mary Balzan. We wish them all well as they take time to renew and rest.



School News

School Closure

School Closures in Term 4 are: * Monday 4th November: Report Writing Day
* Friday 13th December: 2020 Planning Day

Please place these dates in your diaries.

Principal's BookClub

Principal's Bookclub will be held on **Thursday 17th October @ 3:00pm**. Parents and toddlers are invited to come along and listen to a story being read by the Principal, Mrs Webster and then take the book home.

We look forward to seeing you there.

Last Day of the School Year

The last day of the 2019 school year for students, will be on **Wednesday 18th December, 2019**. The students will be dismissed at **1:00pm** and this will be a casual dress day.

Class Lists 2020

We are currently in the process of generating class lists for 2020. **Any students leaving St Bernadette's School at the end of 2019 are to inform the Principal in writing as soon as possible please.** Any requests regarding 2020 allocation of students are to be made in writing and addressed to the Principal, Mrs. Joanne Webster.

First Reconciliation

On Monday 28th October our Year 3 students will celebrate the Sacrament of Reconciliation. The celebration allows the students to experience God's great love for them through this sacrament of healing and forgiveness. We keep these students in our prayers at this time. Congratulations to all the children and their families and a special thank you to Ms Heidi Chapman-Foehn, Ms Daniela Granata, Mrs Jane Gilmartin and Miss Amanda Brown who have guided and prepared these students over the last few weeks with the learning, faith formation and participation in the liturgy.

Social Justice News

The Water filter fundraiser was a great success last Term with \$800 raised to purchase 10 water filters. These water filters will provide clean water for those children and their families who often have to drink water which is contaminated with waterborne diseases. The whole school did an amazing job with their fundraising ideas and we thank all those who supported this cause. We are very lucky to live in Australia. It is really encouraging to see the generosity of those who realise this, and are willing to try and make the world more Socially Just. Upholding the dignity of others is just one way that we can do this. Thank you again for your support.

Student News

Australian Mathematics Competition Results

On Thursday August 29th, students in Year 3-6 participated in the Australian Mathematics Competition. This is the first time that we, as a school, have been involved in the competition, which was based on Mathematical problem solving. We would like to congratulate all students who completed the competition. Each student will receive a certificate in the coming weeks to acknowledge their efforts. The following students were the top performing students of their level, each receiving a Distinction:

Year 3 - Tala Marisigan

Year 4 - Michael Tran

Year 5 - Terrence Han & Adrian Luong

Year 6 - Brendan Ho & Kenny Tran

We would also like to especially congratulate Terrence Han, who received the Best in School Award.

Once again, well done to all the students who showed persistence, enthusiasm and used their critical thinking skills during the competition.

SRC Update

The students on the Student Representative Council (SRC) have been working very hard. They have asked their classmates for suggestions regarding school events and have had many meetings with Mrs Webster to narrow down the list and decide which events we will have this year and when. We are very excited to announce that the following events will happen this year:

Wednesday October 23rd: Crazy hair day and Thursday December 12th: Games day

Please place these dates in your diary.



Student News Cont.

Transition to School Summer Uniform

This term the weather begins to get warmer. Students have the option of wearing Summer or Winter uniform up until **Friday 1st November**. This does not mean a combination of both, one or the other. From the week beginning Monday 4th November **ALL** students **MUST** begin wearing Summer uniform.

A reminder to all students that bows worn in hair may only be white, black or burgundy. No other colours are to be worn. Hair must be tied back if shoulder length or longer, this applies to both boys and girls.

For girls this is: Green Summer Dress, White Socks, Black School Shoes, Burgundy School Windcheater with logo, School Hat

For boys this is: Grey School Shorts, White Short Sleeve Shirt with logo, Grey Socks, Black School Shoes, Burgundy School Windcheater with logo, School Hat

Sport for both girls and boys this is: Burgundy Sport Shorts with logo, White Short Sleeve Polo with logo, white socks and lace up runners, School Hat

We take great pride in our school uniform and know that students wear the uniform with great pride each day too.

Sunhats

Congratulations to all students for the positive response to the wearing of sunhats. This is part of our Sun smart Policy. Students without sunhats will be required to sit under the sheltered areas. Please ensure your child has his/her school sunhat so they can be active during the lunch and recess break. If you have lost your hat you may purchase a new one from the school.



Save the Dates:

School Production: Wednesday 4th and Thursday 5th December.

Students will perform on one of these days. There will be two performances, a matinee and an evening performance. More details to follow shortly.

Year 6 2019 Graduation Monday 16th December:

Year 6 students and families please keep this date in your diaries for Graduation this year.

School Production:

Seussical the Musical

December 4th and 5th 2019

Lyrics by Stephen Flaherty & Lynn Ahrens

Co-Conceived by LYNN AHRENS, STEPHEN FLAHERTY and ERIC IDLE.

Based on the Works of DR. SEUSS by arrangement with Hal Leonard Australia Pty Ltd Exclusive agent for Music Theatre International (NY)



The pace is picking up with students showing some awesome talent. Year 4's brought tears to my eyes when the sound track failed during rehearsal and they sang without it, it was truly moving as teachers and Renee our dance instructor, witnessed this and stood in awe. Year 2's are creating a spectacular circus scene and the preps are just amazing at how they can remember some of the steps in their underwater scene. The enthusiasm of the Year 5's with their monkey dance is better than some of the YouTube examples. Year 6's are almost there and the Year 3's and Year 1's have some awesome moves. As for some of our main cast, oh my! There are some amazing voices. Even our outside musicians from 'Experience Music', have commented on some of the talent that we have in our school.

As for tickets we are hoping that tickets will become available at the end of October early November. Tickets will be limited. Red/Gold (Fire) team will be on Wednesday December 4th afternoon and evening with Blue/Green (Water) performing on Thursday December 5th, afternoon and evening. Arts Core Team

Social and Emotional Learning

The boys in Year 5 have been involved in SEL sessions regarding recognising and managing their emotions. This is what Brandon, Alvin and Andy had to say about it.

We have been learning about managing strong emotions. We are writing our own safety plan. In our safety plans we write:

- ◆ what makes us angry or frustrated
- ◆ what our behaviour can look like when we feel angry or frustrated
- ◆ what our physical response to anger or frustration
- ◆ somethings we can do to help us de escalate
- ◆ somethings an adult can do to help us de escalate

We write these so that our teachers and friends can know how to help us calm down when we are having strong emotions. We each have our own safety plan because everyone is different. Something that makes me angry might not make someone else angry. Some people calm down by taking deep breathes, others need to go for a walk. From our safety plans people know what works for us, how to know when we are angry and how to help us.

Parent News

Parenting Ideas

This Month's article from the Parenting Ideas website is titled 'Wellbeing tips for Primary School Kids'. Put simply, our kids' wellbeing is a combination of their physical, mental, emotional and social health. Because a range of different elements contribute to their wellbeing, there are many activities we can do with them, role model for them and teach them, to improve it.

Developing your child's wellbeing is more than ensuring the absence of ill-health, it's about taking action to adopt thinking and behaviour patterns that researchers have shown to foster flourishing physical and mental health. Parenting Ideas shares with us 5 practices that can be put into action to enhance kids wellbeing! Happy reading!

Cybersafety Awareness: Is your Child Old Enough for a Smartphone?

A smartphone is about much more than making phone calls. It allows your child to spend time online using their own device, rather than a shared family tablet or computer. It literally puts the online world in their hands.

For many parents and carers, giving a five-year-old their own smartphone may seem like it is a step too far. For others, it might offer them peace of mind and security to know they can keep in touch with their child — especially in an emergency.

The right age for your child will depend on their level of maturity and your family routine. It is worth asking yourself the following questions before handing over a digital device.

- Does my child have a good sense of responsibility?
- Are they able to stick to the rules?
- Do they show a good understanding of actions and consequences?
- Do they come to me or another trusted adult when they are distressed or if they encounter problems?
- What are the rules about when and where my child can use their smartphone? For example, will they only be able to use it while they are away from the house, and not in their bedroom at night.
- For younger children it may be best to start with a mobile phone without internet access, and only introduce a smartphone when they demonstrate an appropriate level of maturity. There are a range of mobile devices available that allow you to control which tools or services your child has access to.

Some younger children might argue that they are ready for a smartphone, especially if their friends already have one. But it is worth holding out until you feel confident that your child is mature enough.

Taken from [eSafety Commissioner](#) Australia's leader in online safety.

Parents in Partnership

We have our second last meeting of the year at 2pm on Friday October 25th. An agenda will be available by Monday 21st. Please contact Rose Packer if you are interested (rose.packer1@gmail.com) We look forward to welcoming you all.

Parish News

Discovering Global Mission How can our skills create better opportunities for disadvantaged people?

Communities in Timor Leste, PNG, Samoa, Kiribati and Kenya seek volunteers to assist their development.

Learn of Melbourne teacher Kathy Brick's experience mentoring local educators at schools in Samoa and South Africa, and how sharing your skills can immerse you in a world of deep cultural discovery. Qualified medics, teachers, tradies, business and admins are always required. Discover Palms: Sunday October 27th @ 10:30am Jenny Florence Room, Ross House 247-251 Flinders Lane, MELBOURNE Call Palms now on 02 9560 5333 or see palms.org.au/assignments-abroad.



OCTOBER Calendar - 2019

ST BERNADETTE'S CATHOLIC PRIMARY SCHOOL

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30 Sept HOLIDAYS	1 Oct HOLIDAYS	2 Oct HOLIDAYS	3 Oct HOLIDAYS	4 Oct HOLIDAYS	5 Oct HOLIDAYS	6 Oct HOLIDAYS
7 Term 4 Starts at 8.45am	8 3.00pm Tuesday Tea Time 6.00pm Experience Music Recitals—Pioneer's Hall	9 2.30pm Assembly 6E Hosting 6.00pm Experience Music Recitals—Pioneer's Hall	10 Experience Music Yr 1/2 & 3/4 Cultural Infusion Incursion	11 Experience Music Prep & Yr 1 Swimming 12.15pm Whole School Rosary	12	13
14 Retreat Day for First Reconciliation 7.00pm Family Sacrament Night for First Reconciliation	15 3.00pm Tuesday Tea Time	16 2.30pm Assembly 6W Hosting	17 Experience Music 3.00pm Principal's Bookclub	18 Experience Music Prep & Yr 1 Swimming 9.15am Yr 5 Class Mass	19	20
21 Yr 4—6 Incursion—Scientist Suzie Lavole	22 3.00pm Tuesday Tea Time	23 2.30pm Assembly 5K Hosting	24 Experience Music	25 Experience Music Prep & Yr 1 Swimming 9.15am Yr 3 Class Mass Yr 5 & 6 Interschool Sports at Corpus Christi 2.00pm Parents in P/ship Meeting	26	27
28 Learning Conversations 7.00pm First Reconciliation	29 Learning Conversations 3.00pm Tuesday Tea Time	30 Italian Day Learning Conversations 2.30pm Assembly 5H Hosting	31 Experience Music Learning Conversations	Nov 1 Experience Music Prep & Yr 1 Swimming Learning Conversations 9.15am Yr 4 Class Mass Yr 5 & 6 Interschool Sports at Home	Nov 2	SCHOOL CLOSURE DAYS Monday 4th November Report Writing Day and Tuesday 5th November PUBLIC HOLIDAY